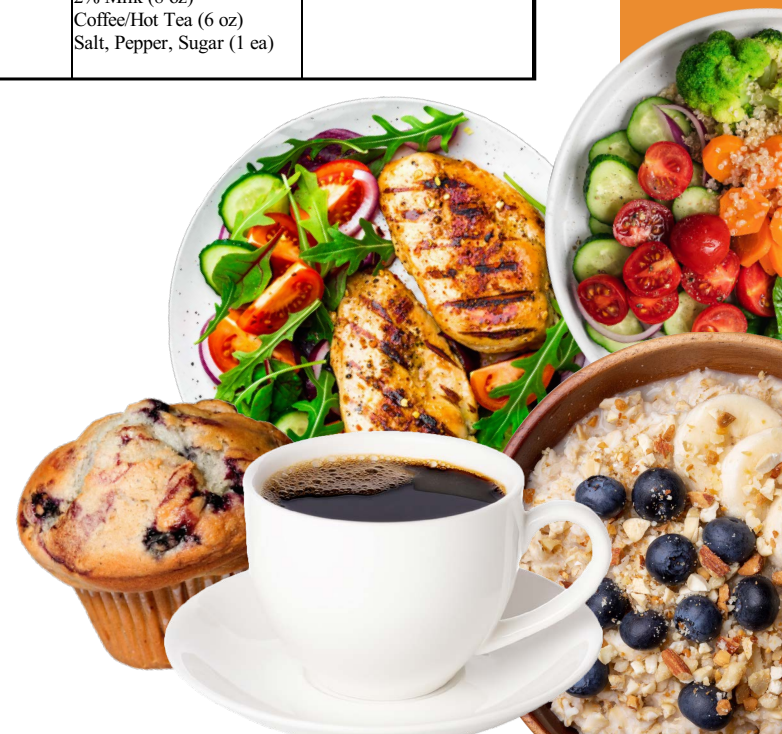


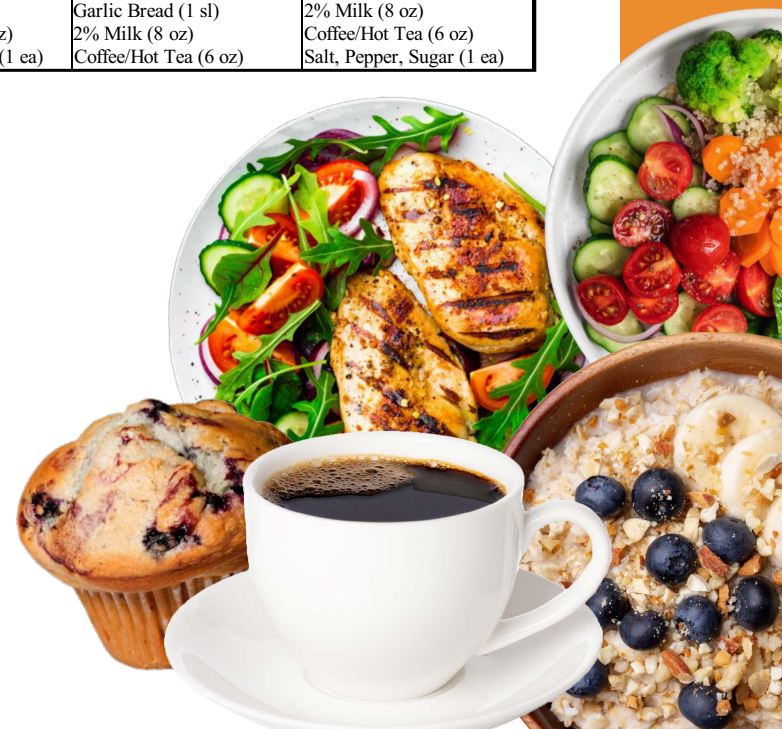
Weekly Menu at a Glance

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Ropa Vieja (2 oz pro) Steamed Rice (#8 scoop = 1/2 cup) California Blend Vegetables (#8 scoop = 1/2 cup) Pineapple Tidbits (#8 scoop = 1/2 cup) Bread (1 sl) Margarine (1 tsp) Coffee/Tea (6 oz) Salt, Pepper, Sugar (1 ea)	Picadillo (3 oz= 2 oz pro) Steamed Rice (#8 scoop = 1/2 cup) Seasoned Mixed Vegetables (#8 scoop = 1/2 cup) Mandarin Oranges (#8 scoop = 1/2 cup) Bread (1 sl) Margarine (1 tsp) Coffee/Tea (6 oz) Salt, Pepper, Sugar (1 ea)	Ham Croquettes/Croquetas de Jamon (4 ea=2 oz pro) Tamale (1 ea) Steamed Rice (#8 scoop = 1/2 cup) Cauliflower (#8 scoop = 1/2 cup) Watermelon Cubes (4 oz spdl = 1/2 cup) Bread (1 sl) Margarine (1 tsp) Coffee/Tea (6 oz) Salt, Pepper, Sugar (1 ea)	Savory Roast Beef (2 oz pro) Brown Gravy (2 fl oz) Beans and Rice (1/2 cup) Broccoli & Cauliflower (#8 scoop = 1/2 cup) Pineapple Tidbits (#8 scoop = 1/2 cup) Dinner Roll (1 ea) Margarine (1 tsp) Coffee/Tea (6 oz) Salt, Pepper, Sugar (1 ea)	Juicy Baked Chicken (3 oz pro) Spanish Rice (#8 scoop = 1/2 cup) Buttered Carrots (#8 scoop = 1/2 cup) White Cake w/ Lemon Sauce (1 piece) Coffee/Tea (6 oz) Salt, Pepper, Sugar (1 ea)	Pork Roast/Puerco Asado (3 oz pro) Steamed Rice (#8 scoop = 1/2 cup) Seasoned Okra (1/2 cup) Frosted Brownie (1 piece) Dinner Roll (1 ea) Margarine (1 tsp) Coffee/Tea (6 oz) Salt, Pepper, Sugar (1 ea)	Chicken Alfredo (6 oz = 2 oz pro) Fettuccine (3/4 cup) Garden Fresh Lettuce and Tomato Salad (1 cup) Choice of Dressing (1 pkt) Oatmeal Cookie (1 ea) Coffee/Tea (6 oz) Salt, Pepper, Sugar (1 ea)
Soup of the Day (6 oz) Chicken Fricassee (2 oz pro) Steamed Rice (#8 scoop = 1/2 cup) Garden Fresh Lettuce and Tomato Salad (1 cup) Choice of Dressing (1 pkt) Fried Plantains/Platanos (1/2 cup) Sugar Cookie Bar (1 piece) 2% Milk (8 oz) Coffee/Hot Tea (6 oz) Salt, Pepper, Sugar (1 ea)	Soup of the Day (6 oz) Fried Fish (2 oz pro) Tartar Sauce (1 pkt) Steamed Rice (#8 scoop = 1/2 cup) Green Beans (#8 scoop = 1/2 cup) Cinnamon Applesauce (#8 scoop = 1/2 cup) Dinner Roll (1 ea) Margarine (1 tsp) 2% Milk (8 oz) Coffee/Hot Tea (6 oz) Salt, Pepper, Sugar (1 ea)	Soup of the Day (6 oz) Chicken Breast Tenders (2 ea=2 oz pro) Garden Fresh Lettuce and Tomato Salad (1 cup) Choice of Dressing (1 pkt) Chocolate Cookie (1 each) Garlic Bread (1 sl) 2% Milk (8 oz) Coffee/Hot Tea (6 oz) Salt, Pepper, Sugar (1 ea)	Soup of the Day (6 oz) Pork Fricassee (4 oz=2 oz pro) Steamed Rice (#8 scoop = 1/2 cup) Italian Blend Vegetables (#8 scoop = 1/2 cup) Chilled Peaches (#8 scoop = 1/2 cup) Garlic Bread (1 sl) 2% Milk (8 oz) Coffee/Hot Tea (6 oz) Salt, Pepper, Sugar (1 ea)	Soup of the Day (6 oz) Cheesy Baked Ziti (6 oz = 2 oz pro) Green Beans (#8 scoop = 1/2 cup) Mixed Fruit (#8 scoop= 1/2 cup) 2% Milk (8 oz) Coffee/Hot Tea (6 oz) Salt, Pepper, Sugar (1 ea)	Soup of the Day (6 oz) Crunchy Fish Fillet (1 ea = 1-1/2 oz pro) Tartar Sauce (1 pkt) Mashed Potatoes (#8 scoop = 1/2 cup) Poultry Gravy (2 oz) Seasoned Broccoli (#8 scoop = 1/2 cup) Peach Cobbler (#6 scoop) 2% Milk (8 oz) Coffee/Hot Tea (6 oz) Salt, Pepper, Sugar (1 ea)	Soup of the Day (6 oz) Ham Fried Rice (1-1/2 cup = 3 oz pro) Asian Blend Vegetables (#8 scoop = 1/2 cup) Seasonal Fresh Fruit (1/2 cup) 2% Milk (8 oz) Coffee/Hot Tea (6 oz) Salt, Pepper, Sugar (1 ea)



Weekly Menu at a Glance

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Tasty Meatsauce (4 oz ldl = 2 oz pro) Spaghetti Noodles (3/4 cup) Green Beans (#8 scoop = 1/2 cup) Banana Pudding Dessert (3/4 cup) Coffee/Tea (6 oz) Salt, Pepper, Sugar (1 ea)	Pork Roast/Puerco Asado (2 oz pro) Mojo Sauce (1 oz) Yellow Rice (1/2 cup) Yuca w/Garlic Sauce (1/2 cup) Pineapple Tidbits (#8 scoop = 1/2 cup) Coffee/Tea (6 oz) Salt, Pepper, Sugar (1 ea)	Ropa Vieja (2 oz pro) Steamed Rice (#8 scoop = 1/2 cup) Seasoned Broccoli (#8 scoop = 1/2 cup) Seasonal Fresh Fruit (1/2 cup) Bread (1 sl) Margarine (1 tsp) Coffee/Tea (6 oz) Salt, Pepper, Sugar (1 ea)	Stuffed Peppers (1 half = 2 oz pro) Yellow Rice (1/2 cup) Green Peas (#8 scoop = 1/2 cup) Frosted White Cake (1 piece) Coffee/Tea (6 oz) Salt, Pepper, Sugar (1 ea)	Picadillo (4 oz = 3 oz pro) Steamed Rice (#8 scoop = 1/2 cup) Green Beans (#8 scoop = 1/2 cup) Chilled Pears (#8 scoop = 1/2 cup) Coffee/Tea (6 oz) Salt, Pepper, Sugar (1 ea)	Fried Fish (2 oz pro) Tartar Sauce (1 pkt) Beans and Rice (1/2 cup) Fried Plantains/Platanos (1/2 cup) Chocolate Cookie (1 each) Coffee/Tea (6 oz) Salt, Pepper, Sugar (1 ea)	Oven Baked Pork Chop (3 oz pro) Brown Gravy (2 fl oz) Steamed Rice (#8 scoop = 1/2 cup) Buttered Carrots (#8 scoop = 1/2 cup) Mandarin Oranges (#8 scoop = 1/2 cup) Bread (1 sl) Margarine (1 tsp) Coffee/Tea (6 oz) Salt, Pepper, Sugar (1 ea)
Soup of the Day (6 oz) Chicken Breast Tenders (2 ea=2 oz pro) Crunchy Caesar Salad (1 cup) Chilled Peaches (#8 scoop = 1/2 cup) Crackers (4ea (2, 2pk)) 2% Milk (8 oz) Coffee/Hot Tea (6 oz) Salt, Pepper, Sugar (1 ea)	Soup of the Day (6 oz) Cheeseburger (3 oz pro) Crispy French Fries (1/2 cup) Seasoned Corn (#8 scp = 1/2 cup) Frosted Brownie (1 piece) Hamburger Bun (1 bun) Ketchup/Mustard (1 pkt ea) 2% Milk (8 oz) Coffee/Hot Tea (6 oz) Salt, Pepper, Sugar (1 ea)	Soup of the Day (6 oz) Ham Croquettes/Croquetas de Jamon (4 ea=2 oz pro) Garden Blend Rice (#8 scoop = 1/2 cup) Candied Carrots (#8 scoop = 1/2 cup) Apple Crisp (#6 scoop) 2% Milk (8 oz) Coffee/Hot Tea (6 oz) Salt, Pepper, Sugar (1 ea)	Soup of the Day (6 oz) Hot Dog w/Cheese (1 ea/2sl=2 oz pro) Baked Beans (#8 scoop = 1/2 cup) Green Peppers & Onions (1/2 cup) Vanilla Pudding (1/2 cup) Hot Dog Bun (1 ea) Ketchup/Mustard (1 pkt ea) 2% Milk (8 oz) Coffee/Hot Tea (6 oz) Salt, Pepper, Sugar (1 ea)	Soup of the Day (6 oz) Open Face Hot Turkey Sandwich (2 oz pro) Poultry Gravy (2 oz) Mashed Potatoes (#8 scoop = 1/2 cup) California Blend Vegetables (#8 scoop = 1/2 cup) Sugar Cookie (1 each) Bread for Open-Face Sandwich (1 sl) 2% Milk (8 oz) Coffee/Hot Tea (6 oz) Salt, Pepper, Sugar (1 ea)	Soup of the Day (6 oz) Tasty Meatsauce (6 oz = 3 oz pro) Spaghetti Noodles (3/4 cup) Seasoned Mixed Vegetables (#8 scoop = 1/2 cup) Garden Fresh Lettuce and Tomato Salad (1 cup) Choice of Dressing (1 pkt) Fruit Mix (#8 scoop = 1/2 cup) Garlic Bread (1 sl) 2% Milk (8 oz) Coffee/Hot Tea (6 oz)	Soup of the Day (6 oz) Chicken Breast Tenders (2 ea=2 oz pro) Barbecue Sauce (1 Tbsp) Scalloped Potatoes (#8 scoop = 1/2 cup) Seasoned Corn (#8 scp = 1/2 cup) Frosted Spice Cake (1 piece) Bread (1 sl) Margarine (1 tsp) 2% Milk (8 oz) Coffee/Hot Tea (6 oz) Salt, Pepper, Sugar (1 ea)



Weekly Menu at a Glance

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Chicken & Rice/Arroz con Pollo (2, #8 scoops = 3 oz pro + 1/2 cup) Yuca w/Garlic Sauce (1/2 cup) Strawberries & Whipped Topping (4 oz spdl + 1Tbsp) Coffee/Tea (6 oz) Salt, Pepper, Sugar (1 ea)	Liver and Onions (3 oz pro) Brown Gravy (2 fl oz) Steamed Rice (#8 scoop = 1/2 cup) Seasoned Mixed Vegetables (#8 scoop = 1/2 cup) Pineapple Tidbits (#8 scoop = 1/2 cup) Coffee/Tea (6 oz) Salt, Pepper, Sugar (1 ea)	Fried Fish (2 oz pro) Tartar Sauce (1 pkt) Yellow Rice (1/2 cup) Green Peas (#8 scoop = 1/2 cup) Fruited Gelatin (#6 scoop = 2/3 cup) Bread (1 sl) Margarine (1 tsp) Coffee/Tea (6 oz) Salt, Pepper, Sugar (1 ea)	Baked Chicken Breast (3 oz pro) Black Beans & Rice/Morros (1/2 cup) Fried Plantains/Platanos (1/2 cup = 4 oz spdl) Sugar Cookie Bar (1 piece) Bread (1 sl) Margarine (1 tsp) Coffee/Tea (6 oz) Salt, Pepper, Sugar (1 ea)	Pork Roast/Puerco Asado (2 oz pro) Black Beans & Rice/Morros (1/2 cup) Cauliflower with Parsley (#8 scoop = 1/2 cup) Frosted Brownie (1 piece) Coffee/Tea (6 oz) Salt, Pepper, Sugar (1 ea)	Oven Roasted Turkey (2 oz pro) Poultry Gravy (2 oz) Mashed Potatoes (#8 scoop = 1/2 cup) Seasoned Mixed Vegetables (#8 scoop = 1/2 cup) Chilled Peaches (#8 scoop = 1/2 cup) Coffee/Tea (6 oz) Salt, Pepper, Sugar (1 ea)	Fried Fish (2 oz pro) Tartar Sauce (1 pkt) Yellow Rice (1/2 cup) California Blend Vegetables (#8 scoop = 1/2 cup) Chilled Pears (#8 scoop = 1/2 cup) Bread (1 sl) Margarine (1 tsp) Coffee/Tea (6 oz) Salt, Pepper, Sugar (1 ea)
Soup of the Day (6 oz) Ravioli w/Marinara Sauce (8 ravioli/2 oz sce) Italian Blend Vegetables (#8 scoop = 1/2 cup) Mom's Apple Pie (1/8) Garlic Bread (1 sl) 2% Milk (8 oz) Coffee/Hot Tea (6 oz) Salt, Pepper, Sugar (1 ea)	Soup of the Day (6 oz) Baked Ham (1 portion = 2 oz pro) Yellow Rice (1/2 cup) Green Beans (#8 scoop = 1/2 cup) Peach Shortcake (1 pc, 1/2 cup) Bread (1 sl) Margarine (1 tsp) 2% Milk (8 oz) Coffee/Hot Tea (6 oz) Salt, Pepper, Sugar (1 ea)	Soup of the Day (6 oz) Pork Stew with Vegetables (8 oz=3 oz pro) Steamed Rice (#8 scoop = 1/2 cup) Fresh Fruit in Season (1/2 cup) Bread (1 sl) Margarine (1 tsp) 2% Milk (8 oz) Coffee/Hot Tea (6 oz) Salt, Pepper, Sugar (1 ea)	Soup of the Day (6 oz) Cheese Pizza (1 pc = 2 oz pro) Garden Fresh Lettuce and Tomato Salad (1 cup) Choice of Dressing (1 pkt) White Cake w/ Lemon Sauce (1 piece) 2% Milk (8 oz) Coffee/Hot Tea (6 oz) Salt, Pepper, Sugar (1 ea)	Soup of the Day (6 oz) Hamburger (1 prtn = 3 oz pro) Tator Tots (1/2 cup) Fiesta Corn (#8 scoop = 1/2 cup) Frosted Spice Cake (1 piece) Hamburger Bun (1 bun) Ketchup/Mustard (1 pkt ea) 2% Milk (8 oz) Coffee/Hot Tea (6 oz) Salt, Pepper, Sugar (1 ea)	Soup of the Day (6 oz) Garbanzos Fritos con Tocino y Jamon (4 oz = 2 oz pro) Steamed Rice (#8 scoop = 1/2 cup) Fried Plantains/Platanos (1/2 cup) Oatmeal Cookie (1 ea) Bread (1 sl) Margarine (1 tsp) 2% Milk (8 oz) Coffee/Hot Tea (6 oz) Salt, Pepper, Sugar (1 ea)	Soup of the Day (6 oz) Caramelized Onion Chicken Sandwich (1 prtn=2 oz pro) Buttered Carrots (#8 scoop = 1/2 cup) Applesauce (#8 scoop = 1/2 cup) Hamburger Bun (1 bun) 2% Milk (8 oz) Coffee/Hot Tea (6 oz) Salt, Pepper, Sugar (1 ea)



Weekly Menu at a Glance

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Soup of the Day (6 oz) Ham Fried Rice (1-1/2 cup = 3 oz pro) Yellow Squash (#8 scoop = 1/2 cup) Fresh Orange (1 ea) Coffee/Tea (6 oz) Salt, Pepper, Sugar (1 ea)	Soup of the Day (6 oz) Breaded Pork Cutlet (1 portion = 3 oz pro) Brown Gravy (2 fl oz) Steamed Rice (#8 scoop = 1/2 cup) Asian Blend Vegetables (#8 scoop = 1/2 cup) Cinnamon Apple Slices (#8 scoop = 1/2 cup) Coffee/Tea (6 oz) Salt, Pepper, Sugar (1 ea)	Fried Fish (2 oz pro) Tartar Sauce (1 pkt) Yellow Rice (1/2 cup) Broccoli & Cauliflower (#8 scoop = 1/2 cup) Banana Cake (1 piece) Bread (1 sl) Margarine (1 tsp) Coffee/Tea (6 oz) Salt, Pepper, Sugar (1 ea)	Soup of the Day (6 oz) Pork Fricassee (4 oz=2 oz pro) Tamale (1 ea) Steamed Rice (#8 scoop = 1/2 cup) Seasoned Broccoli (#8 scoop = 1/2 cup) Spice Cookie (1 each) Coffee/Tea (6 oz) Salt, Pepper, Sugar (1 ea)	Chicken Alfredo (6 oz = 2 oz pro) Fettuccine (3/4 cup) Green Beans (#8 scoop = 1/2 cup) Fruit Mix (#8 scoop = 1/2 cup) Garlic Bread (1 sl) Coffee/Tea (6 oz) Salt, Pepper, Sugar (1 ea)	Picadillo (3 oz= 2 oz pro) Steamed Rice (#8 scoop = 1/2 cup) Seasoned Zucchini (#8 scoop = 1/2 cup) Frosted Yellow Cake (1 piece) Coffee/Tea (6 oz) Salt, Pepper, Sugar (1 ea)	Pork Roast/Puerco Asado (2 oz pro) Yellow Rice (1/2 cup) Peas & Carrots (#8 scoop = 1/2 cup) Blushing Pears (#8 scoop = 1/2 cup) Bread (1 sl) Margarine (1 tsp) Coffee/Tea (6 oz) Salt, Pepper, Sugar (1 ea)
Cheese Pizza (1 pc = 2 oz pro) Garden Fresh Lettuce and Tomato Salad (1 cup) Choice of Dressing (1 pkt) Chilled Peaches (#8 scoop = 1/2 cup) Garlic Bread (1 sl) 2% Milk (8 oz) Coffee/Hot Tea (6 oz) Salt, Pepper, Sugar (1 ea)	Cheesy Chicken Baked Penne (2, #10 seps = 2 oz pro) Garden Fresh Lettuce and Tomato Salad (1 cup) Choice of Dressing (1 pkt) Sugar Cookie (1 each) Garlic Bread (1 sl) 2% Milk (8 oz) Coffee/Hot Tea (6 oz) Salt, Pepper, Sugar (1 ea)	Soup of the Day (6 oz) Chicken Breast Tenders (2 ea=2 oz pro) Barbecue Sauce (1 Tbsp) Au Gratin Potatoes (#8 scoop = 1/2 cup) Seasoned Mixed Vegetables (#8 scoop = 1/2 cup) Strawberries & Whipped Topping (4 oz spdl + 1Tbsp) Cornbread (1 piece) Margarine (1 tsp) 2% Milk (8 oz) Coffee/Hot Tea (6 oz)	Golden Brown Oven Fried Chicken (3 oz pro) Mashed Potatoes (#8 scoop = 1/2 cup) Poultry Gravy (2 oz) Seasoned Corn (#8 scp = 1/2 cup) Blonde Brownie (1 piece) 2% Milk (8 oz) Coffee/Hot Tea (6 oz) Salt, Pepper, Sugar (1 ea)	Soup of the Day (6 oz) Baked Ham (1 portion = 3 oz pro) Baked Sweet Potato (1 small) Green Peas (#8 scoop = 1/2 cup) Poke Cake (1 piece) Bread (1 sl) Margarine (1 tsp) 2% Milk (8 oz) Coffee/Hot Tea (6 oz) Salt, Pepper, Sugar (1 ea)	Soup of the Day (6 oz) Santa Fe Turkey Burger (1 patty = 3 oz pro) Crispy French Fries (1/2 cup) Fruited Gelatin (2/3 cup) Hamburger Bun (1 bun) Ketchup/Mustard (1 pkt ea) 2% Milk (8 oz) Coffee/Hot Tea (6 oz) Salt, Pepper, Sugar (1 ea)	Soup of the Day (6 oz) Beef Stew with Vegetables (6 oz ladle = 2 oz pro) Steamed Rice (#8 scoop = 1/2 cup) Mandarin Oranges (#8 scoop = 1/2 cup) Cornbread (1 piece) Margarine (1 tsp) 2% Milk (8 oz) Coffee/Hot Tea (6 oz) Salt, Pepper, Sugar (1 ea)

