SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Ropa Vieja (2 oz pro)	Picadillo (3 oz= 2 oz pro)	Ham Croquettes/Croquetas	Savory Roast Beef (2 oz pro)	Juicy Baked Chicken (3 oz	Pork Roast/Puerco Asado (3	Chicken Alfredo (6 oz = 2
Steamed Rice (#8 scoop =	Steamed Rice (#8 scoop =	de Jamon (4 ea=2 oz pro)	Brown Gravy (2 fl oz)	pro)	oz pro)	oz pro)
1/2 cup)	1/2 cup)	Tamale (1 ea)	Beans and Rice (1/2 cup)	Spanish Rice (#8 scoop =	Steamed Rice (#8 scoop =	Fettuccine (3/4 cup)
California Blend Vegetables	Seasoned Mixed Vegetables	Steamed Rice (#8 scoop =	Broccoli & Cauliflower (#8	1/2 cup)	1/2 cup)	Garden Fresh Lettuce and
(#8 scoop = 1/2 cup)	(#8 scoop = 1/2 cup)	1/2 cup)	scoop = 1/2 cup)	Buttered Carrots (#8 scoop =		Tomato Salad (1 cup)
Pineapple Tidbits (#8 scoop	Mandarin Oranges (#8	Cauliflower (#8 scoop = $1/2$	Pineapple Tidbits (#8 scoop	1/2 cup)	Frosted Brownie (1 piece)	Choice of Dressing (1 pkt)
= 1/2 cup	scoop = 1/2 cup)	cup)	= 1/2 cup			Oatmeal Cookie (1 ea)
		Watermelon Cubes (4 oz	Dinner Roll (1 ea)			Coffee/Tea (6 oz)
	Margarine (1 tsp)	spdl = 1/2 cup)	Margarine (1 tsp)			Salt, Pepper, Sugar (1 ea)
	` /	Bread (1 sl)	Coffee/Tea (6 oz)	Salt, Pepper, Sugar (1 ea)	Salt, Pepper, Sugar (1 ea)	
Salt, Pepper, Sugar (1 ea)		Margarine (1 tsp)	Salt, Pepper, Sugar (1 ea)			
		Coffee/Tea (6 oz)				
		Salt, Pepper, Sugar (1 ea)				
		Soup of the Day (6 oz)	Soup of the Day (6 oz)			Soup of the Day (6 oz)
Chicken Fricassee (2 oz pro)		Chicken Breast Tenders (2	Pork Fricassee (4 oz=2 oz	Cheesy Baked Ziti (6 oz = 2		Ham Fried Rice (1-1/2 cup =
	Tartar Sauce (1 pkt)	ea=2 oz pro)	pro)	oz pro)	1-1/2 oz pro)	3 oz pro)
	Steamed Rice (#8 scoop =	Garden Fresh Lettuce and	Steamed Rice (#8 scoop =	Green Beans (#8 scoop = $1/2$		Asian Blend Vegetables (#8
Garden Fresh Lettuce and	1/2 cup)	Tomato Salad (1 cup)	1/2 cup)		Mashed Potatoes (#8 scoop	scoop = 1/2 cup)
	Green Beans (#8 scoop = $1/2$		Italian Blend Vegetables (#8	` *	= 1/2 cup)	Seasonal Fresh Fruit (1/2
Choice of Dressing (1 pkt)	cup)	Chocolate Cookie (1 each)	scoop = 1/2 cup)	cup)	Poultry Gravy (2 oz)	cup)
Fried Plantains/Platanos		Garlic Bread (1 sl)	Chilled Peaches (#8 scoop =		Seasoned Broccoli (#8 scoop	
(1/2 cup)		2% Milk (8 oz)	1/2 cup)	Coffee/Hot Tea (6 oz)		Coffee/Hot Tea (6 oz)
(1)	Dinner Roll (1 ea)	Coffee/Hot Tea (6 oz)	Garlic Bread (1 sl)	Salt, Pepper, Sugar (1 ea)		Salt, Pepper, Sugar (1 ea)
		Salt, Pepper, Sugar (1 ea)	2% Milk (8 oz)		2% Milk (8 oz)	
	2% Milk (8 oz)		Coffee/Hot Tea (6 oz)		Coffee/Hot Tea (6 oz)	
, 11	Coffee/Hot Tea (6 oz)		Salt, Pepper, Sugar (1 ea)		Salt, Pepper, Sugar (1 ea)	
	Salt, Pepper, Sugar (1 ea)					







SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Banana Pudding Dessert (3/4 cup) Coffee/Tea (6 oz) Salt, Pepper, Sugar (1 ea)	oz pro) Mojo Sauce (1 oz) Yellow Rice (1/2 cup) Yuca w/Garlic Sauce (1/2 cup) Pineapple Tidbits (#8 scoop = 1/2 cup) Coffee/Tea (6 oz) Salt, Pepper, Sugar (1 ea)	Steamed Rice (#8 scoop = 1/2 cup) Seasoned Broccoli (#8 scoop = 1/2 cup) Seasonal Fresh Fruit (1/2 cup) Bread (1 sl)	Stuffed Peppers (1 half = 2 oz pro) Yellow Rice (1/2 cup) Green Peas (#8 scoop = 1/2 cup) Frosted White Cake (1 piece) Coffee/Tea (6 oz) Salt, Pepper, Sugar (1 ea)	Picadillo (4 oz= 3 oz pro) Steamed Rice (#8 scoop = 1/2 cup) Green Beans (#8 scoop = 1/2 cup) Chilled Pears (#8 scoop = 1/2 cup) Coffee/Tea (6 oz) Salt, Pepper, Sugar (1 ea)		Oven Baked Pork Chop (3 oz pro) Brown Gravy (2 fl oz) Steamed Rice (#8 scoop = 1/2 cup) Buttered Carrots (#8 scoop = 1/2 cup) Mandarin Oranges (#8 scoop = 1/2 cup) Bread (1 sl) Margarine (1 tsp) Coffee/Tea (6 oz) Salt, Pepper, Sugar (1 ea)
Chicken Breast Tenders (2 ea=2 oz pro) Crunchy Caesar Salad (1 cup) Chilled Peaches (#8 scoop = 1/2 cup) Crackers (4ea (2, 2pk)) 2% Milk (8 oz) Coffee/Hot Tea (6 oz) Salt, Pepper, Sugar (1 ea)	Cheeseburger (3 oz pro) Crispy French Fries (1/2 cup) Seasoned Corn (#8 scp = 1/2 cup) Frosted Brownie (1 piece) Hamburger Bun (1 bun) Ketchup/Mustard (1 pkt ea) 2% Milk (8 oz)	Ham Croquettes/Croquetas de Jamon (4 ea=2 oz pro) Garden Blend Rice (#8 scoop = 1/2 cup) Candied Carrots (#8 scoop = 1/2 cup) Apple Crisp (#6 scoop) 2% Milk (8 oz) Coffee/Hot Tea (6 oz) Salt, Pepper, Sugar (1 ea)	Soup of the Day (6 oz) Hot Dog w/Cheese (1 ea/2sl=2 oz pro) Baked Beans (#8 scoop = 1/2 cup) Green Peppers & Onions (1/2 cup) Vanilla Pudding (1/2 cup) Hot Dog Bun (1 ea) Ketchup/Mustard (1 pkt ea) 2% Milk (8 oz) Coffee/Hot Tea (6 oz) Salt, Pepper, Sugar (1 ea)	Soup of the Day (6 oz) Open Face Hot Turkey Sandwich (2 oz pro) Poultry Gravy (2 oz) Mashed Potatoes (#8 scoop = 1/2 cup) California Blend Vegetables (#8 scoop = 1/2 cup) Sugar Cookie (1 each) Bread for Open-Face Sandwich (1 sl) 2% Milk (8 oz) Coffee/Hot Tea (6 oz) Salt, Pepper, Sugar (1 ea)	1 0	Soup of the Day (6 oz) Chicken Breast Tenders (2 ea=2 oz pro) Barbecue Sauce (1 Tbsp) Scalloped Potatoes (#8 scoop = 1/2 cup) Seasoned Corn (#8 scp = 1/2 cup) Frosted Spice Cake (1 piece) Bread (1 sl) Margarine (1 tsp) 2% Milk (8 oz) Coffee/Hot Tea (6 oz) Salt, Pepper, Sugar (1 ea)







SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Chicken & Rice/Arroz con	Liver and Onions (3 oz pro)	Fried Fish (2 oz pro)	Baked Chicken Breast (3 oz	Pork Roast/Puerco Asado (2	Oven Roasted Turkey (2 oz	Fried Fish (2 oz pro)
Pollo $(2, #8 \text{ scoops} = 3 \text{ oz})$	Brown Gravy (2 fl oz)	Tartar Sauce (1 pkt)	pro)	oz pro)	pro)	Tartar Sauce (1 pkt)
pro + 1/2 cup)	Steamed Rice (#8 scoop =	Yellow Rice (1/2 cup)	Black Beans & Rice/Morros	Black Beans & Rice/Morros	Poultry Gravy (2 oz)	Yellow Rice (1/2 cup)
Yuca w/Garlic Sauce (1/2	1/2 cup)	Green Peas (#8 scoop = $1/2$	(1/2 cup)	(1/2 cup)	Mashed Potatoes (#8 scoop	California Blend Vegetables
cup)	Seasoned Mixed Vegetables	cup)	Fried Plantains/Platanos	Cauliflower with Parsley (#8	= 1/2 cup	(#8 scoop = 1/2 cup)
Strawberries & Whipped	(#8 scoop = 1/2 cup)	Fruited Gelatin (#6 scoop =	(1/2 cup = 4 oz spdl)	scoop = 1/2 cup)	Seasoned Mixed Vegetables	Chilled Pears (#8 scoop =
Topping (4 oz spdl +	Pineapple Tidbits (#8 scoop	2/3 cup)	Sugar Cookie Bar (1 piece)	Frosted Brownie (1 piece)	(#8 scoop = 1/2 cup)	1/2 cup)
1Tbsp)	= 1/2 cup	Bread (1 sl)	Bread (1 sl)	Coffee/Tea (6 oz)	Chilled Peaches (#8 scoop =	Bread (1 sl)
Coffee/Tea (6 oz)	Coffee/Tea (6 oz)	Margarine (1 tsp)	Margarine (1 tsp)	Salt, Pepper, Sugar (1 ea)	1/2 cup)	Margarine (1 tsp)
Salt, Pepper, Sugar (1 ea)	Salt, Pepper, Sugar (1 ea)	Coffee/Tea (6 oz)	Coffee/Tea (6 oz)		Coffee/Tea (6 oz)	Coffee/Tea (6 oz)
		Salt, Pepper, Sugar (1 ea)	Salt, Pepper, Sugar (1 ea)		Salt, Pepper, Sugar (1 ea)	Salt, Pepper, Sugar (1 ea)
Soup of the Day (6 oz)	Soup of the Day (6 oz)	Soup of the Day (6 oz)	Soup of the Day (6 oz)	Soup of the Day (6 oz)	Soup of the Day (6 oz)	Soup of the Day (6 oz)
Ravioli w/Marinara Sauce (8	Baked Ham (1 portion = 2	Pork Stew with Vegetables	Cheese Pizza (1 $pc = 2$ oz	Hamburger (1 prtn = 3 oz	Garbanzos Fritos con Tocino	Caramelized Onion Chicken
ravioli/2 oz sce)	oz pro)	(8 oz=3 oz pro)	pro)	pro)	y Jamon ($4 \text{ oz} = 2 \text{ oz pro}$)	Sandwich (1 prtn=2 oz pro)
Italian Blend Vegetables (#8		Steamed Rice (#8 scoop =	Garden Fresh Lettuce and	Tator Tots (1/2 cup)	Steamed Rice (#8 scoop =	Buttered Carrots (#8 scoop =
scoop = 1/2 cup)	Green Beans (#8 scoop = $1/2$	1/2 cup)	Tomato Salad (1 cup)	Fiesta Corn (#8 scoop = $1/2$	1/2 cup)	1/2 cup)
Mom's Apple Pie (1/8)	cup)	Fresh Fruit in Season (1/2	Choice of Dressing (1 pkt)	cup)	Fried Plantains/Platanos	Applesauce (#8 scoop = $1/2$
Garlic Bread (1 sl)	Peach Shortcake (1 pc, 1/2	cup)	White Cake w/ Lemon	Frosted Spice Cake (1 piece)	(1/2 cup)	cup)
2% Milk (8 oz)	cup)	Bread (1 sl)	Sauce (1 piece)	Hamburger Bun (1 bun)	Oatmeal Cookie (1 ea)	Hamburger Bun (1 bun)
Coffee/Hot Tea (6 oz)	Bread (1 sl)	Margarine (1 tsp)	2% Milk (8 oz)		Bread (1 sl)	2% Milk (8 oz)
Salt, Pepper, Sugar (1 ea)	Margarine (1 tsp)	2% Milk (8 oz)	Coffee/Hot Tea (6 oz)	2% Milk (8 oz)	Margarine (1 tsp)	Coffee/Hot Tea (6 oz)
	2% Milk (8 oz)	Coffee/Hot Tea (6 oz)	Salt, Pepper, Sugar (1 ea)	Coffee/Hot Tea (6 oz)		Salt, Pepper, Sugar (1 ea)
	Coffee/Hot Tea (6 oz)	Salt, Pepper, Sugar (1 ea)		Salt, Pepper, Sugar (1 ea)	Coffee/Hot Tea (6 oz)	
	Salt, Pepper, Sugar (1 ea)				Salt, Pepper, Sugar (1 ea)	







SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Soup of the Day (6 oz)	Soup of the Day (6 oz)	Fried Fish (2 oz pro)	Soup of the Day (6 oz)	Chicken Alfredo (6 oz = 2	Picadillo (3 oz= 2 oz pro)	Pork Roast/Puerco Asado (2
Ham Fried Rice (1-1/2 cup =	Breaded Pork Cutlet (1	Tartar Sauce (1 pkt)	Pork Fricassee (4 oz=2 oz	oz pro)	Steamed Rice (#8 scoop =	oz pro)
3 oz pro)	portion = 3 oz pro)	Yellow Rice (1/2 cup)	pro)	Fettuccine (3/4 cup)	1/2 cup)	Yellow Rice (1/2 cup)
Yellow Squash (#8 scoop =	Brown Gravy (2 fl oz)	Broccoli & Cauliflower (#8	Tamale (1 ea)	Green Beans (#8 scoop = $1/2$	Seasoned Zucchini (#8	Peas & Carrots (#8 scoop =
1/2 cup)	Steamed Rice (#8 scoop =	scoop = 1/2 cup)	Steamed Rice (#8 scoop =	cup)	scoop = 1/2 cup)	1/2 cup)
Fresh Orange (1 ea)	1/2 cup)	Banana Cake (1 piece)	1/2 cup)	Fruit Mix (#8 scoop = $1/2$	Frosted Yellow Cake (1	Blushing Pears (#8 scoop =
Coffee/Tea (6 oz)		Bread (1 sl)	Seasoned Broccoli (#8 scoop		piece)	1/2 cup)
Salt, Pepper, Sugar (1 ea)	scoop = 1/2 cup)	Margarine (1 tsp)	= 1/2 cup	Garlic Bread (1 sl)	Coffee/Tea (6 oz)	Bread (1 sl)
	Cinnamon Apple Slices (#8	Coffee/Tea (6 oz)	Spice Cookie (1 each)	Coffee/Tea (6 oz)	Salt, Pepper, Sugar (1 ea)	Margarine (1 tsp)
	scoop = 1/2 cup)	Salt, Pepper, Sugar (1 ea)	Coffee/Tea (6 oz)	Salt, Pepper, Sugar (1 ea)		Coffee/Tea (6 oz)
	Coffee/Tea (6 oz)		Salt, Pepper, Sugar (1 ea)			Salt, Pepper, Sugar (1 ea)
	Salt, Pepper, Sugar (1 ea)					
Cheese Pizza (1 $pc = 2$ oz	Cheesy Chicken Baked	Soup of the Day (6 oz)	Golden Brown Oven Fried	Soup of the Day (6 oz)	Soup of the Day (6 oz)	Soup of the Day (6 oz)
pro)	Penne $(2, #10 \text{ scps} = 2 \text{ oz})$	Chicken Breast Tenders (2	Chicken (3 oz pro)	Baked Ham (1 portion = 3	Santa Fe Turkey Burger (1	Beef Stew with Vegetables
Garden Fresh Lettuce and	pro)	ea=2 oz pro)	Mashed Potatoes (#8 scoop	oz pro)	patty = 3 oz pro)	(6 oz ladle = 2 oz pro)
Tomato Salad (1 cup)	Garden Fresh Lettuce and	Barbecue Sauce (1 Tbsp)	= 1/2 cup	Baked Sweet Potato (1	Crispy French Fries (1/2	Steamed Rice (#8 scoop =
Choice of Dressing (1 pkt)	Tomato Salad (1 cup)	Au Gratin Potatoes (#8	Poultry Gravy (2 oz)	small)	cup)	1/2 cup)
Chilled Peaches (#8 scoop =	Choice of Dressing (1 pkt)	scoop = 1/2 cup)	Seasoned Corn (#8 scp = 1/2	Green Peas (#8 scoop = $1/2$	Fruited Gelatin (2/3 cup)	Mandarin Oranges (#8
1/2 cup)	Sugar Cookie (1 each)	Seasoned Mixed Vegetables	cup)	cup)	Hamburger Bun (1 bun)	scoop = 1/2 cup)
Garlic Bread (1 sl)	Garlic Bread (1 sl)	(#8 scoop = 1/2 cup)	Blonde Brownie (1 piece)	Poke Cake (1 piece)	Ketchup/Mustard (1 pkt ea)	Cornbread (1 piece)
2% Milk (8 oz)	2% Milk (8 oz)	Strawberries & Whipped	2% Milk (8 oz)	Bread (1 sl)	2% Milk (8 oz)	Margarine (1 tsp)
Coffee/Hot Tea (6 oz)	Coffee/Hot Tea (6 oz)	Topping (4 oz spdl +	Coffee/Hot Tea (6 oz)	Margarine (1 tsp)	Coffee/Hot Tea (6 oz)	2% Milk (8 oz)
Salt, Pepper, Sugar (1 ea)	Salt, Pepper, Sugar (1 ea)	1Tbsp)	Salt, Pepper, Sugar (1 ea)	2% Milk (8 oz)	Salt, Pepper, Sugar (1 ea)	Coffee/Hot Tea (6 oz)
		Cornbread (1 piece)		Coffee/Hot Tea (6 oz)		Salt, Pepper, Sugar (1 ea)
		Margarine (1 tsp)		Salt, Pepper, Sugar (1 ea)		
		2% Milk (8 oz)				
		Coffee/Hot Tea (6 oz)				





